



Barbara, FDNY

## August Upcoming Events

# Deposit



### August 14 @ 1 PM

#### Worksite Flu Clinic 2025 Orientation

Want to help fight flu at your worksite this season? Join WorkWell NYC for an orientation session and learn how you can set up a flu shot clinic right at your worksite! We'll discuss:

- Requirements for booking a worksite flu clinic
- Strategies for having a successful flu clinic
- Tips and tricks for maximizing participation



### August 19 @ 1 PM

#### Bites on a Budget

Food is an essential cost that can increase your overall expenses. Without a plan, you may be more likely to overspend or create food waste. Join nutritionist Tamar Elkin for tips on how to enjoy delicious, nutritious meals while sticking to a budget.

Register at [on.nyc.gov/upcomingevents](https://on.nyc.gov/upcomingevents)



[nyc.gov/workwellnyc](https://nyc.gov/workwellnyc)